



Patient Name: _____ Appointment Date: _____

Medication Guidelines for Skin Testing

The following is a list of medications that need to be discontinued prior to your appointment for accurate testing results. If you have any questions on the contents of your medications please call your pharmacist. If you feel that you are not able to discontinue the use of any of these medications for any reason please contact our office for guidance at 719-473-0872.

Please **DO NOT** stop taking medications prescribed for chronic medical conditions such as asthma, heart or psychological disorders without first discussing with the ordering physician.

Antihistamines: Please discontinue at least 5 days prior to appointment.

Allegra (fexofenadine)	Dimetapp (brompheniramine)
Alavert (loratadine)	Doxepin (Sinequan, Adapin)
Actifed (chlorpheniramine)	DuraventDA(chlorpheniramine/phynylephrine)
Atarax (hydroxyzine)	Periactin (cyproheptadine)
Benadryl (diphenhydramine)	Rondec (carbinoxime)
Chlor-Trimeton (chlorpheniramine)	Tavist (clemastine)
Clarinox (desloratadine)	Xyzal (levocetirizine)
Claritin (loratadine)	Zyrtec (cetirizine)
Dallergy (cyclizine)	All OTC “cough/cold/allergy/sinus/sleep” medications

may have antihistamine in them

Nasal Sprays: Please discontinue at least 7 days prior to appointment.

Astelin (azelastine)	Dymista
Astepro (azelastine)	Patanase (olopatadine)

Eye Drops: Please discontinue at least 5 days prior to appointment.

Bepreve (bepotastine)	Optivar (azelastine)
Elestat (epinastine)	Pataday (olopatadine)
Lastacaft (alcaptadine)	Patanol (olopatadine)
Naphcon-A (naphazoline)	Zaditor (ketotifen)
Opcon-A (pheniramine)	OTC Allergy eye drops

Stomach medications: Please discontinue at least 3 days prior to appointment.

Axid (nizatidine)	Tagamet (cimetidine)
Pepcid (famotidine)	Zantac (ranitidine)

Antidepressants and Sleeping Aids: Please discontinue at least 5 days prior to appointment. Please check with your prescribing physician before doing so.

Elavil (amitriptyline)	Pamelor (nortriptyline)
Trazadone	