

# MEDICAL HISTORY

Date of appointment \_\_\_\_\_

Name \_\_\_\_\_  

Last
First
MI

Age \_\_\_\_\_ Sex M  F

Patient Race \_\_\_\_\_ Marital Status: Single  Married  Divorced  Widowed

Patient Ethnicity \_\_\_\_\_

Primary Language (Spoken in Household) \_\_\_\_\_

In your own words, briefly describe your symptoms and/or reasons for coming to Asthma and Allergy Associates:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**LIST ALL CURRENT MEDICATIONS:**

include dose and how taken, also include herbals, vitamins, over-the-counter medications and eye drops)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_

**IMMUNIZATIONS: (give dates)**

DPT \_\_\_\_\_

MMR \_\_\_\_\_

TB Tine \_\_\_\_\_

Oral Polio \_\_\_\_\_

Hemophilus Influenzae b (Hib) \_\_\_\_\_

Influenza Vaccine \_\_\_\_\_

Pneumonia Vaccine \_\_\_\_\_

Tetanus Booster \_\_\_\_\_

Any reactions to above? Y  N

Describe \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Childhood Illnesses: (circle those the patient has had)**

measles      mumps      rubella      whooping cough      rheumatic fever      polio      scarlet fever  
 asthma      hay fever      recurrent croup      bronchitis      recurrent ear infections      recurrent sinus infections

ADULT ILLNESSES	DATE

OPERATIONS/INJURIES/HOSPITALIZATIONS	DATE

List all medications you do not tolerate:	Medication:	Reaction:	Date:
1.	_____	1. _____	1. _____
2.	_____	2. _____	2. _____
3.	_____	3. _____	3. _____
4.	_____	4. _____	4. _____

List all foods you do not tolerate:	Food:	Reaction:	Date:
1.	_____	1. _____	1. _____
2.	_____	2. _____	2. _____
3.	_____	3. _____	3. _____
4.	_____	4. _____	4. _____

## SOCIAL HISTORY:

Please answer the following questions if you have used or are currently using tobacco products.

1. Current or Past Smoker (please circle)
2. How long have/had you used tobacco products? \_\_\_\_\_
3. How much tobacco did/do you use per day? \_\_\_\_\_
4. Did/do you use? (check all that apply) Cigarettes  Cigars  Pipe
5. Past smokers – how long ago did you quit? \_\_\_\_\_

Do you drink alcohol?      Y       N       How much? \_\_\_\_\_

How many caffeinated drinks do you consume per day? \_\_\_\_\_

Do you use illegal or recreational drugs?      Y       N

What? \_\_\_\_\_ How Much? \_\_\_\_\_

## **FAMILY HISTORY:**

	Name	Current Age	Age at death	Health problems	Cause of death
Parents	_____	_____	_____	_____	_____
Siblings	_____	_____	_____	_____	_____
Children	_____	_____	_____	_____	_____
	_____	_____	_____	_____	_____
	_____	_____	_____	_____	_____

**Any history of the following in yourself or family? (Indicate relationship to you in space)**

Hay fever	Y <input type="checkbox"/>	N <input type="checkbox"/>	_____	Anemia	Y <input type="checkbox"/>	N <input type="checkbox"/>	_____
Asthma	Y <input type="checkbox"/>	N <input type="checkbox"/>	_____	Hypertension	Y <input type="checkbox"/>	N <input type="checkbox"/>	_____
Hives	Y <input type="checkbox"/>	N <input type="checkbox"/>	_____	Stroke	Y <input type="checkbox"/>	N <input type="checkbox"/>	_____
Atopic dermatitis (eczema)	Y <input type="checkbox"/>	N <input type="checkbox"/>	_____	Heart disease	Y <input type="checkbox"/>	N <input type="checkbox"/>	_____
Chronic sinus problems	Y <input type="checkbox"/>	N <input type="checkbox"/>	_____	Arthritis	Y <input type="checkbox"/>	N <input type="checkbox"/>	_____
Nasal polyps	Y <input type="checkbox"/>	N <input type="checkbox"/>	_____	Diabetes	Y <input type="checkbox"/>	N <input type="checkbox"/>	_____
Bee allergy	Y <input type="checkbox"/>	N <input type="checkbox"/>	_____	Epilepsy	Y <input type="checkbox"/>	N <input type="checkbox"/>	_____
Adverse drug reaction	Y <input type="checkbox"/>	N <input type="checkbox"/>	_____	Headache	Y <input type="checkbox"/>	N <input type="checkbox"/>	_____
Cystic fibrosis	Y <input type="checkbox"/>	N <input type="checkbox"/>	_____	Kidney disease	Y <input type="checkbox"/>	N <input type="checkbox"/>	_____
Chronic bronchitis	Y <input type="checkbox"/>	N <input type="checkbox"/>	_____	Cancer	Y <input type="checkbox"/>	N <input type="checkbox"/>	_____
Tuberculosis	Y <input type="checkbox"/>	N <input type="checkbox"/>	_____	AIDS/HIV	Y <input type="checkbox"/>	N <input type="checkbox"/>	_____

## REVIEW OF SYSTEMS

Are you currently experiencing any problems with: (check box and circle complaint)

- weight change – fatigue – fever – headaches  
  rashes – lumps – itching – changes in skin, hair or nails  
  double or blurred vision – glaucoma – cataracts – eye discharge  
  earache – hearing loss – ringing in the ears – dizziness – ear discharge  
  nosebleeds – nasal stuffiness – sinus trouble – sinus infection  
  bleeding gums – gingivitis – tooth decay – hoarseness  
  swollen glands – lumps in neck – thyroid trouble  
  cough – shortness of breath – wheezing – asthma – phlegm  
  high blood pressure – heart trouble – chest pain – murmurs – rhythm disturbance – strokes  
     Date of last: Chest x-ray \_\_\_\_\_ EKG \_\_\_\_\_ TB tine \_\_\_\_\_  
  trouble swallowing – stomach problems – vomiting – heartburn – loss of appetite  
  constipation – diarrhea – bloody or dark tarry stools - hemorrhoids – hepatitis –  
     liver or gallbladder disease  
  burning or blood in urine – urinary frequency – incontinence – infections – stones  
  varicose veins – blood clots – anemia – easy bruising/bleeding  
  depression – mental illness  
  **FEMALES:** venereal disease – PMS – menopause – breast lumps/discharge  
     Date of last: Period \_\_\_\_\_ Mammogram \_\_\_\_\_  
     Method of Birth Control \_\_\_\_\_  
  **MALES:** penile discharge/lesions – venereal disease – testicular pain – hernia –  
     breast lumps/discharge

## PREVIOUS ALLERGY EVALUATION

Have you had a previous Allergy Evaluation (testing)?     

Date	Doctor name & city	Problem
_____	_____	_____
_____	_____	_____
_____	_____	_____

Did you take allergy injections?   How long? \_\_\_\_\_

Were injections beneficial?     

Did you have any problems with allergy injections?     

Please explain: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

# ENVIRONMENTAL SURVEY

How long have you lived in Southern Colorado? \_\_\_\_\_ Where did you previously live? \_\_\_\_\_

Do you live in the (circle) city - town - rural ?

**HOME:** Answer the following questions regarding the house you now live in.

Do you live in a single dwelling, duplex, townhome, apartment, mobile home, other? \_\_\_\_\_

How old is your home? \_\_\_\_\_ How long have you lived there? \_\_\_\_\_

(circle all that apply for each of the following)

**type of heating:** forced air, water, oil, electric, woodburning stove or fireplace

**type of air conditioning:** central air, window unit, swamp cooler, none

**type of air filter:** HEPA, electrostatic, none? Attached to furnace? Y  N

**type of humidifier:** \_\_\_\_\_ Attached to furnace? Y  N

**Basement:** damp, dry, finished, unfinished, none

Any recent water damage? Y  N

Is there a greenhouse, houseplants? Y  N  How many plants? \_\_\_\_\_

Types \_\_\_\_\_

**Do you have many?** Cockroaches, mice, miller moths, other insects? \_\_\_\_\_

**Are there smokers within the home?** Y  N

Do they smoke in the home? Y  N

**Are there pets?** Y  N  Kind and how many of each \_\_\_\_\_

What percentage of time do they spend: outside \_\_\_\_\_ % inside \_\_\_\_\_ % patient's bedroom \_\_\_\_\_ %

Do they sleep in patient's bedroom or on the bed? Y  N

How long has each pet been in the family? \_\_\_\_\_

## PATIENT'S BEDROOM:

How often is it cleaned? \_\_\_\_\_ By whom? \_\_\_\_\_

Type of:

Floor covering \_\_\_\_\_

Furniture \_\_\_\_\_

Pillows \_\_\_\_\_

## HOBBIES:

List hobbies and recreational activities \_\_\_\_\_

## WORK:

Present occupation \_\_\_\_\_ How long? \_\_\_\_\_

Past Occupation \_\_\_\_\_ How long? \_\_\_\_\_

Do your symptoms (circle) improve / worsen at work?